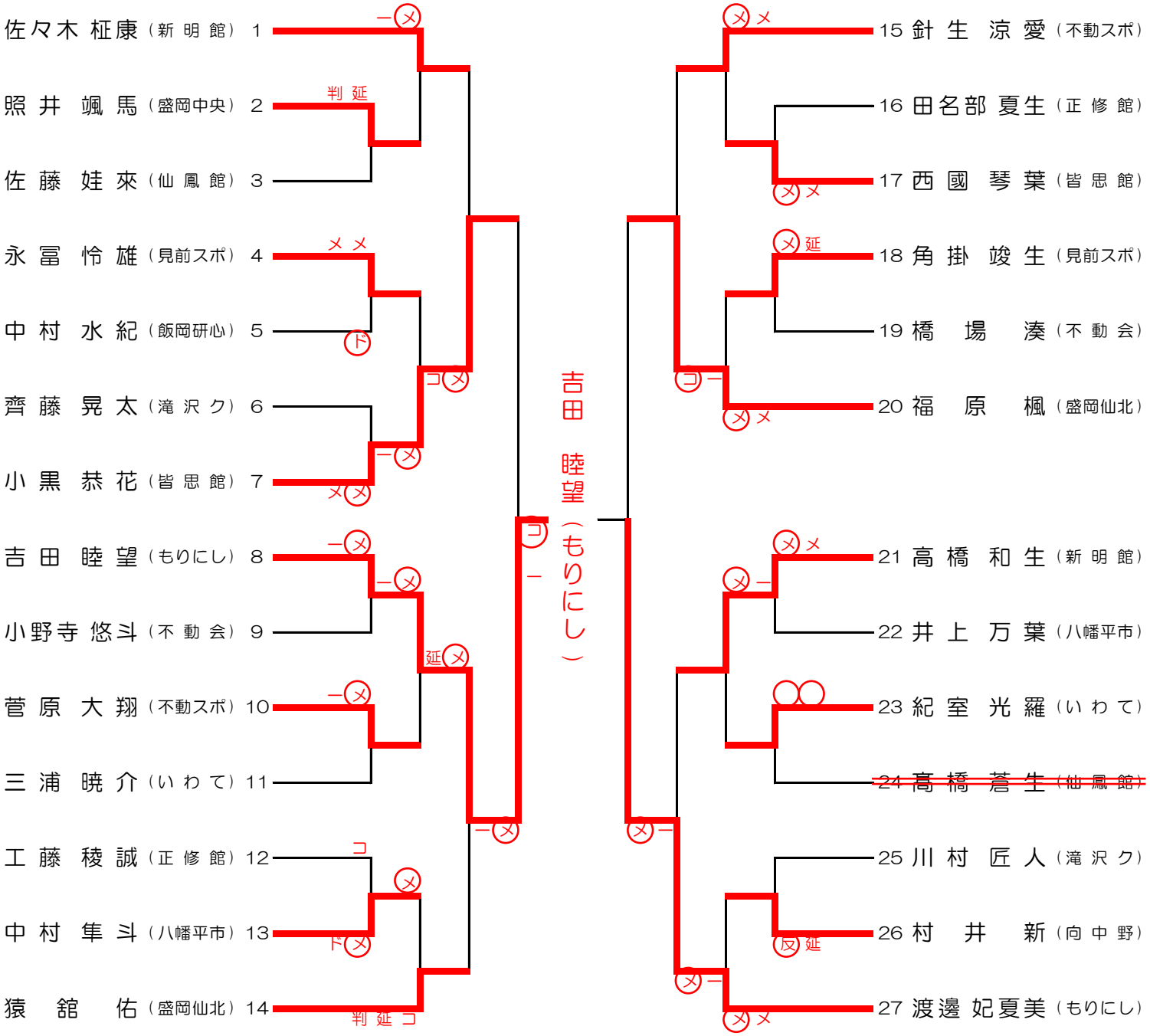小学生個人戦５年生以上